



The Art of Formation Discussion Guide

Wk. 7 Discussion:

Begin with prayer

5 min

Check In

30-35 min

Greet one another and move into the check in time. Continue to practice grace and patience as you move through the prompts.

- Fruit: what has been bringing you joy lately?
- Thorn: what have you been struggling with lately?
- Vine: how have you seen or been connecting with God lately?
- Bud: what are you looking forward to?

Discuss this week's practice

20-25 min

- What were some expectations you had for your life 10-15 years ago? What decisions did you make in light of those expectations?
- Are you more compelled by fear of failure or potential for success?
- How do you typically think about the future: with excitement and optimism | with fear and anxiety | you dwell there | you rarely think about it?

Open your bibles together

25-30 min

- Read Matt. 6:25-27
- Jesus teaches His followers that having confidence in God's plan for our future should result in peace and freedom in our present. Describe a time when God met your needs and how that shaped your peace.
- Read Proverbs 19:21
- How do you discern what's God's plan vs. your own plan?
- Read 1 Tim. 4:10
- In the NIV translation, Paul tells Timothy that as believers we "labor and strive" because of our hope in the living God. What are you laboring and striving for during this season?