ONE TIME SESSION 2 FALL 2020

GENDER DIFFERENCES

"One time my wife said to me...."

I. Gender differences are profound in all relationships, especially marriage, but the Bible doesn't focus too much on the differences between the sexes. The bible does refer to the differences, but the context suggests that these are accepted norms.

	accepted norms.
Ge	en. 1.27 says, So God created man in his own image, in the image of God he created him; male and female he created them.
	Both sexes are created
	Both are in before the fall.
II.	The Creation of Eve Marriage!
	The creation of Eve is noted by scholars as the first marriage. The manner in
	which she was alludes to the
	we have as male and female in marriage.
	Ezer-Kennegdo. :עֵוֶר פְּנֶגְדְּוֹ: Although translated as 'suitable helper' this word has
	always been translated elsewhere as:! ~ Allendar & Longman
Ge	en. 3.36 And you will desire to control your husband, but he will rule over you.
	Jordan Peterson: "Women deeply want men who are competent and powerful. And I don't mean power in that they can exert tyrannical control over others. That's not power. That's just corruption."
	Gary Thomas, Ph.D., says that marriage is not to make us happy but rather to make us holy.
	If makes marriage difficult then is the antidote.

ONE TIME SESSION 2 FALL 2020

There are many things that couples share in similarities. _____ are absolutely the number one necessity for a fulfilling marriage.

"Share our similarities, celebrate our differences." ~ M. Scott Peck

The Brain: The male and female brain have profound differences structurally and functionally. The differences in organization and circuitry has been established by a vast amount of research. William Struthers, Ph.D. in Neuropsychology, states that the brain is different by cultural and social environment influences as well as design. Daniel Amen, M.D., also states in a lecture that there is a significant difference in processing.

The male brain has more	from the occipital lobe to	o the
prefrontal cortex while the female brain has more	re in the	corpus
collosum connecting the two hemispheres. Wha	at does this mean for us?	

The most helpful analogy is one that helps us **relate** better to the opposite sex.

Men are like	Women are like
We compartmentalize	They connect
We hyper-focus	They multi-task
We know stuff about tanks and jets	They couldn't care less

One time my wife said to me, "I need you to hop on over to the waffle square in your brain where our third born child lives."

One time I said to my wife, "babe you are surfing the noodles all over the place."

So how can we empathize and better communicate?

- Remember there are multiple streams of thought coursing through their neural network at any given time including pain from the past.
- Unresolved conflict will garner more cognitive capacity.
- Connection is more important to them than resolution and correction but those are important too.
- Forethought on special days, special gifts prove you are thinking about them.

ONE TIME SESSION 2 FALL 2020

1 Peter 3:7 In the same way, you husbands must give honor to your wives. Treat your wife with understanding as you live together. She may be weaker than you are, but she is your <u>equal partner</u> in God's gift of new life. Treat her as you should so your prayers will not be hindered.

Eph. 5.21-28

References:

- Allender, D. B., & Longman III, T. (1999). Intimate allies. Tyndale House Publishers, Inc.
- Amen, D. G., & Carmichael, B. D. (1997). High-resolution brain SPECT imaging in ADHD. *Annals of Clinical Psychiatry*, 9(2), 81-86.
- Farrel, B., & Farrel, P. (2017). Men Are Like Waffles--Women Are Like Spaghetti. Harvest House Publishers
- Goldman, B. (2017). Two minds: The cognitive differences between men and women. Sex, Gender and Medicine.
- Rupp, H. A., & Wallen, K. (2008). Sex differences in response to visual sexual stimuli: a review. *Archives of sexual behavior*, *37*(2), 206–218.
- Stoet, G., O'Connor, D.B., Conner, M. et al. (2013) Are women better than men at multi-tasking?. BMC Psychol 1, 18.
- Struthers, W. M. (2009). Wired for intimacy: How pornography hijacks the male brain. InterVarsity Press.
- Struthers, W. M., DuPriest, A., & Runyan, J. (2005). Habituation reduces novelty-induced FOS expression in the striatum and cingulate cortex. *Experimental brain research*, *167*(1), 136-140.
- Terri D. Fisher, Zachary T. Moore & Mary-Jo Pittenger (2012) Sex on the Brain?: An Examination of Frequency of Sexual Cognitions as a Function of Gender, Erotophilia, and Social Desirability, The Journal of Sex Research, 49:1, 69-77.
- Thomas, G. (2011). Sacred Marriage Gift Edition. Zondervan.
- Xin, J., Zhang, Y., Tang, Y., & Yang, Y. (2019). Brain differences between men and women: Evidence from deep learning. *Frontiers in neuroscience*, 13, 185.